

PRAYER AND FASTING 2026

# Harvest Mindset Faith, Focus, Fruit

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NEW BORN FELLOWSHIP CHURCH

# HARVEST MINDSET



**Cultivating Unity. Building a Unified New Born Body. Releasing Lasting Harvest.**

## CAMPAIGN STATEMENT

The Harvest Mindset is a call to cultivate what God has planted—within us and among us—so that lasting fruit is produced together. Scripture teaches that increase is not accidental; it is intentional. What is consistently set before us and carefully cultivated determines what we produce.

Rooted in the wisdom revealed through Jacob's strategy (Genesis 30:37–43), this campaign reminds us that vision must be protected, strength must be stewarded, and unity must be cultivated for increase to remain.

The 2026 Prayer and Fasting Campaign calls the New Born community to realign with God's original design—the Eden Blueprint—where spiritual depth, mental clarity, physical strength, and economic stewardship flow together in unity, producing a harvest that strengthens the entire body.

# PASTOR *Pastor* INTRODUCTION

As we enter the 2026 Prayer and Fasting Campaign, we enter a season of intentional cultivation. Harvest does not come simply because something was planted—it comes because what was planted was nurtured, protected, and developed over time.

Jacob's increase was the result of vision, discipline, and unity of purpose. He understood that strength had to be stewarded and that what was placed before the flock would shape what was produced. In the same way, God is calling us not only to personal alignment, but to corporate unity.

This fast is an invitation for the New Born community to grow together—to cultivate unity, strengthen our inner man, and align with God's original blueprint. We are believing God not only for individual breakthrough, but for a unified body—one vision, one spirit, one direction—producing fruit that remains for generations.

# O1 PISHON: INCREASE

**Theme:** Cultivating Stewardship, Provision & Unity

**Focus:** Financial & Economic Health

## Fasting Focus

Cultivate unity between faith, finances, and obedience  
Break cycles of lack, fear, and mismanagement  
Strengthen trust, generosity, and shared stewardship  
within New Born

## Prayer Focus

Alignment in financial stewardship across households  
and ministries  
Wisdom to manage, grow, and multiply resources  
Increase that strengthens the entire body

## Scripture Readings

1. Deuteronomy 8:17–18
2. Proverbs 3:9–10
3. Genesis 30:37–43
4. Luke 16:10–12
5. Acts 4:32–35
6. Malachi 3:10–12
7. Psalm 133

# O2 GIHON: BURSTING FORTH

**Theme: Cultivating Strength, Health & Unity**

**Focus: Physical Health & Endurance**

## Fasting Focus

- Cultivate physical discipline and healthy rhythms
- Restore balance, strength, and endurance
- Support healing and care across the body

## Prayer Focus

- Healing and renewed strength
- Unity through care, support, and responsibility
- Momentum that sustains long-term purpose

## Scripture Readings

1. Isaiah 40:28–31
2. 1 Corinthians 6:19–20
3. Psalm 92:12–14
4. Romans 12:4–5
5. Hebrews 12:11–13
6. 3 John 1:2
7. Ecclesiastes 4:9–12

**WEEK 2**

# 03 TIGRIS: SHARPNESS

**Theme: Cultivating Mental Clarity, Vision & Unity**

**Focus: Focus, Strategy & Direction**

## **Fasting Focus**

- Fast from distractions and divided attention
- Cultivate disciplined thinking and unity of vision
- Guard the mind and align thoughts with truth

## **Prayer Focus**

- Sound minds and clear decision-making
- Unity in leadership, communication, and direction
- Strategic clarity for the future of New Born

## **Scripture Readings**

1. 2 Timothy 1:7
2. Romans 12:1-2
3. Proverbs 4:20-27
4. James 1:5-8
5. Philippians 2:1-5
6. 1 Corinthians 2:16
7. Isaiah 26:3

# 04 EUPHRATES: FRUITFULNESS

**Theme: Cultivating Spiritual Depth, Fruit & Corporate Unity**

**Focus: Spiritual Health & Maturity**

## **Fasting Focus**

- Cultivate deeper intimacy with God
- Strengthen spiritual roots across the New Born community
- Remove anything that hinders love, humility, forgiveness, and unity

## **Prayer Focus**

- Spiritual maturity and obedience
- Healing of divisions and strengthening of relationships
- Fruit that remains beyond the fast

## **Scripture Readings**

1. John 15:1–8
2. Psalm 1:1–3
3. Colossians 2:6–7
4. Ephesians 4:1–6
5. Galatians 5:22–23
6. Hosea 10:12
7. Acts 2:42–47

# Foods to eat?

MONDAY - FRIDAY

6:00AM - 6:00PM



**Harvest Mindset**

► #harvestmindset #eden blueprint | [www.nbfccc.org](http://www.nbfccc.org)





## Food Details

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**All Fruits:** Apples, peaches, berries, grapes, pineapples, oranges, bananas, melons etc. (Fresh/raw, frozen, dried, juiced or canned in their own juice, not syrup)

**All Veggies:** Squash, lettuce, spinach, carrots, kale, broccoli, asparagus, cabbage, greens, corn, potatoes, sweet potatoes, etc. (Fresh/raw, frozen, dried or canned)

**Whole Grains:** Brown rice, oats, barley, grits, hot cereal, whole-wheat pasta, etc.

**Other Natural Foods:** Beans and peas, seeds and nuts, oils, rice milk, soy milk, water, healthy beverages and smoothies (with no sugars or artificial preservatives), spices, herbs, tofu, soy, vinegar.

**Sweeteners:** Stevia, Equal, Splenda, Agave & Agave Nectar

### FOODS TO AVOID

- X - Meat (including poultry & seafood)
- X - White Rice/White Flour (no bread)
- X - Fried Foods
- X - Caffeine & Caffeinated Beverages
- X - Sugar & Artificial Sweeteners
- X - Dairy Products (butter, milk, eggs, etc)